



Details:

Date & Time: February 10 2020
Grades 5 – 6 @ 9:00am – 11:45pm
Grades 7-8 @ 11:45pm – 2:30pm

Venue: Petrus Multi-Purpose Hall
2624 Inkster Blvd,
Winnipeg MB R2R2T6



What is Spirit Day?

Spirit Day is an event that is organized by the Catholic Schools of Manitoba in collaboration with the Archdiocese of Winnipeg and Saint Boniface Offices of Youth Ministry and Catechetics. We would like to formally invite grades 5-6 (AM program) and 7-8 (PM program) from each Catholic School in the Archdiocese of Winnipeg and St. Boniface.

Objective:

Re-envisioning the Spirit Day from what it used to be, this year we are delighted to present a renewed objective and format for our **2020 Spirit Day**. This year our main objective is to focus on spreading God's love to students and staff towards social justice in the light of kindness and mercy. In a society of today where social media portrays negativity all over, our hope is to invite our audience (students and staff) to encounter Christ through our program and enlighten them with how they can be a blessing to others by showing kindness and mercy in their everyday lives not only in schools but wherever they may be.

Format:

Music has been an effective tool in bringing people closer to Christ and therefore why we chose the format of the program to be a mini praise and worship concert. The students will be invited to pray, reflect, and participate in various activities to enlighten them of the many ways small actions can lead to big differences. The two-hour program is divided into three segments each having their own theme through the lyrics of the songs, testimony shared, and reflection that comes thereafter. The first segment; *Mindfulness & Ponder* invites students to learn that they are a gift to be shared with other people and where the term *Corporal Works of Mercy* will be introduced as well. The second is segment, *Discover*, is where students are invited to open their eyes and realize what they can do and what their actions can lead to. Lastly, the final segment is *Go Forth*, where they are encouraged to make a difference in the world around them.

This year we have invited students from our own high schools to share their testimony, as well as the coordinator for Development and Peace to share their own stories of giving selflessly to others in hopes to inspire the students to do the same. We have also invited a full-time pastoral worker for Couples for Christ Youth from Vancouver British Columbia, OJ Rivera to lead the praise and worship part of the program. Find attached is his mini biography.

Registration Process:

To register your class/grade please click the link below:

<https://forms.gle/jjaxxDu3DWRP3tzo8>

In class resources:

We invite you to start and continue the conversation of kindness and mercy in your class! Here are a couple of resources to inspire you to in the topic of kindness, corporal works of mercy and love in your classrooms:

Files (Attached):

- Kindness lesson plan
- Mercy lesson plan

Links:

Lent Activity Ideas:

<https://www.catholicteacher.com/lenten-lessons-activities-for-teaching-kindness-and-mercy-through-the-lens-of-lent/>

Development and Peace:

<https://www.devp.org/en/resources>